

Lawndale Tribune

AND LAWNDALE NEWS

The Weekly Newspaper of Lawndale

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Lawndale's Boys Basketball Comes Out Strong in Pioneer League



The Lawndale Boys Basketball team won outright – from start to finish – at El Segundo this past week in their Pioneer League opener, 60-52. Although El Segundo scratched back into the game by the third quarter, it was the dominant run of 21-8 leading off the first that set an almost unbearable pace. Seen here: Senior Sergio Blandon attempts to break through El Segundo defenders. Photo by Shelley Kemp. For more photos see page 4.

Family Center Provides Programs, Support for Local Youth, Families

By Cristian Vasquez

Since 1973, the Richstone Family Center has provided children and families in the South Bay with programs ranging from support groups to counseling to assistance for academically gifted students. The once small house turned into several offices where board meetings and counseling sessions took place. It used to serve less than a handful of children. Today, more than 12,000 children and families benefit from the center's programs and resources.

"Initially the center only helped three people since the idea of working with families did not develop until much later, but then it got into families," Chief Operating Officer Doris Boyington said. "At that time, we felt it was important to deal with the whole family. Back in those days it was common for parents to drop off their children for counseling. The concept of working together was new, but thank goodness that it is really embraced now."

Among the Richstone Family Center's efforts is its commitment to helping build strong families by protecting children from and preventing child abuse. Through the center's wide array of programs, staff and volunteers attempt to respond to the needs of children and their families by assisting parents in strengthening knowledge, emotional control and parenting skills while providing a safe environment for children in the home and the community.

"I started off working in the gang intervention program which no longer exists," Development Director Allison Tanaka said. "I think that one of the greatest things for me is that this past year, we had two kids that I got to know when I started receive scholarships to go to college. One went out east and another is at UC Merced. They are both the first ones in their families to go to college and some of them attribute their academic success to Richstone giving them that extra push."

The site of the center has now grown to have several new facilities, including the SHARE building named after the charitable group the Ladies of SHARE who helped renovate it--and

it is where counseling first took place. There is a Family Preservation Room where board meetings and study groups with the afterschool program are hosted. Then there is the main building, built in 1994, which is decorated with art by the many children that the center assists. On average there are 35-50 kids in the center's afterschool program.

"They are here as part of our afterschool program. These are kids from the Hawthorne School District, but it does not mean that the children are in counseling," Boyington said. "It

Lennox, but that has changed. We also have an afterschool program, which is huge, in every elementary and middle school in Hawthorne."

Helping families feel comfortable enough to approach the center was a challenge at first, but with the reputation the Richstone Family Center has earned, that has become less of an issue. "Empowerment has to be a goal in all of our programs--it is in our counseling programs, in our afterschool programs, in our parenting programs and our anger management programs," Boyington said. "I think one of the

"We really want to provide services for people who ordinarily couldn't come to receive services."

just means it is an afterschool program. While they are in here, we might identify kids that need help. That is not uncommon and we get them the help that they need."

The center also has an RV used to go to schools and other locations to provide counseling onsite for children and families that cannot drive out to the actual Richstone Center. This RV includes PCIT (Parent Children Interaction Training) where the counselors and parents are connected via audio devices but separated by a two-way mirror. The counselor observes the interaction between the parent and child and advises the parent on how to deal with certain behavior issues as those occur rather than addressing the problem after it has taken place. The mobile unit visits five sites: Mondays it is Wilmington (a housing facility) where staff remains all day and people approach the unit for counseling. Tuesdays and Thursdays they are at the Lennox schools all day. Wednesdays they are at Kit Carson in Lawndale and Friday they are at Meyler in Torrance.

"We hope to be able to utilize this more and get out there. We really want to provide services for people who ordinarily couldn't come to receive services," Boyington said. "When I first came we served all of the South Bay area and we served more people in Torrance than in

most important things as an individual is that you choose if you are a survivor or a victim. We strive toward being survivors and that is the goal. We want people not to come back and if they do come back as a volunteer, all the better. Empowerment, independence and paying it forward is very important."

Developing relationships with families becomes a core part of the services provided by Richstone and the foundation to the success of families. "One of my favorite families, which I met through the Adopt-a-Family Thanksgiving program, was a domestic violence survivor," Tanaka said. "Over the course of several years and helping her through some of our client assistance programs, I watched her grow. She ended up being a really strong person as opposed to when I first met her when she would cry all the time and had low self-esteem. By the time she finished, she was such a confident person. She went back to school, she had two young daughters and was reunified with her adult daughter. She really got her life together. It's great to see them grow and be so much more confident and be better off in the end."

Boyington added, "We want to embrace the community--we rent this space. We don't live here. They live here and we want to make this the best space that we can." •

Weekend Forecast

Friday
Sunny
75°/51°



Saturday
Mostly
Cloudy
75°/50°



Sunday
Sunny
74°/51°



People

CONGRATULATIONS

Elyse Goodman, an Inglewood resident, graduated from Azusa Pacific University with a

Cinematic Arts: Production degree in Bachelor of Fine Arts on Saturday, December 15, 2012 at the winter commencement ceremonies.

Calendar

- ALL CITIES**
THURSDAY, JANUARY 24
- Quarterly Meeting of the Metro Crenshaw/LAX Corridor Project Community Leadership Council, 6-8 p.m., First Church of God, 9550 Crenshaw Blvd. Confirm attendance by Jan. 18 to oscompt@aol.com or Donald Taylor at (310) 308-2136.
- SATURDAY, JANUARY 26**
- Free Residential Hazardous and E-Waste Roundup open to all L.A. County residents, 9 a.m.- 3 p.m., Clark Stadium on Valley Drive, Hermosa Beach. For more information call (310) 781-6900.
- MONDAY, JANUARY 28**
- South Bay Chapter of Calif. Republican Assembly Meeting, 7-8:30 p.m., El Segundo Library, 111 W. Mariposa Ave. For more information call (310) 406-5429.
- HAWTHORNE**
FRIDAY, JANUARY 18
- Final Day for Christmas tree disposal locations, Memorial Center Parking lot (Doty/ El Segundo), Holly Park (120th/Ness Ave.), and Holly Glen Park (Glasgow/136th St.). For more information call (310) 349-2980.
- TUESDAY, JANUARY 22**
- City Council Meeting, 6-10 p.m., City Council Chambers, 4455 W 126th St. For more information call (310) 349-2915.
- INGLEWOOD**
SATURDAY, JANUARY 19
- 30th Annual Dr. Martin Luther King Day Celebration, commemorative service at 9 a.m. (auditorium), family festival begins at 11 a.m., Crozier Middle School grounds, 120 W. Regent St. For more information call

- (310) 412-8750.
- WEDNESDAY, JANUARY 23**
- Library Computer Class: Social Networking, 11:10 a.m.-12:30 p.m., Inglewood Main Library. For more information or to enroll call (310) 412-5380.
- ONGOING**
- Social Justice Learning Institute's 2013 Fruit Tree Distribution Program: Free fruit trees available to Inglewood residents. For additional information call (323) 952-3466 or email dsteelle@sjli-cp.org.
- LAWDALE**
SATURDAY, JANUARY 19
- Garden Workdays: Kids (Compost Tea), 10:30 a.m., Lawndale Ocean Friendly Garden, 14616 Grevillea Avenue. Please bring water, gloves, pruners (teens and adults), and a hat if available.
- TUESDAY, JANUARY 22**
- City Council Meeting, 6:30 p.m., 14717 Burin Ave. For more information call City Clerk (310) 973-3212.
- WEDNESDAY, JANUARY 30**
- Sheriff's Symposium, 6-6:30 p.m., Centinela Valley Center for the Arts, 14901 Inglewood Ave. For more information call Deputy Thompson at (310) 219-2750.
- ONGOING**
- Lawndale Certified Farmer's Market, 2-7 p.m., every Wed. on the lawn of the Lawndale Library, 14615 Burin Ave.
 - Commodities Food Program distributed every Wed. at 10 a.m. at the community center, 14700 Burin Ave. Open to people of all ages in need of food. For more information call (310) 973-3270. •

Artistic Learning Thrives at Cabrillo Elementary

By Dylan Little

Cabrillo Elementary School Principal Margaret Lynch gave a presentation on her campus' involvement with P.S. Arts during last week's Wiseburn School Board meeting. The nonprofit has led all the students at the school in lessons about famous painters like Frida Kahlo and Mark Rothko, while helping them understand those artists' styles.

For eight weeks, teaching artists worked with students of all grade levels for an hour a week to complete four projects that not only taught advanced art techniques like working with reflections and pointillism, but also informed the students about the artists and the ideas behind the works.

First grade teacher Lorrie Cariaga described how the arts program made an important impact for one of her special needs students. By giving that student an area that he could excel in, art deeply enriched his education. "It was absolute therapy for him," said Cariaga. "I felt like it was a healing process. It really met all the needs of all the students."

The eight-week program ended with a Family Art Night, where not only could Cabrillo's students show off their art projects, but also learn with their parents about other artistic methods. Cariaga thought that getting parents and students to work together on art was a highlight of the program. "Family Art Night had a huge sense of community," said Cariaga. "To see that at Cabrillo, it was priceless."

The students' excitement at the event was equally priceless, as Lynch shared stories of the children showing off their artwork and challenging their parents to find their expressionist self-portraits. "Children came into the performing arts center and said, 'See if you can find me,'" said Lynch.

While the P. S. Arts teaching artists have moved on to another of Wiseburn's schools, students at Cabrillo are already awaiting a return visit. First grade teacher Liza Hough-Skovron described the P. S. Arts volunteers as stars to her students. "The kids are already asking when they're coming back," said Hough-Skovron "[They] are like celebrities on campus."

While the volunteers focused on teaching the students in the classroom, Lynch noted that Cabrillo's teachers also got a solid lesson on bringing art to the classroom. "Having a teaching artist in the classroom allowed that teacher to have individualized professional development," said Lynch.

School Board President Nelson Martinez was pleased with the results of the program and

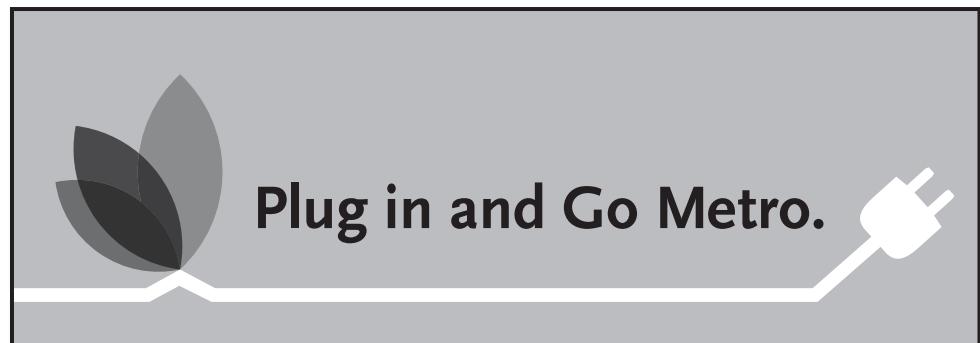
would like to implement more arts learning. "I hope we can do more [art education]," said Martinez. "I'd love to do it more."

While State funding for the arts has been practically nonexistent, the Wiseburn School District has turned to grants to keep arts in the classroom. The P.S. Arts program was funded by a \$20,000 grant from the W. M. Keck Foundation. Superintendent Tom Johnstone credited the School Board for its fiscal prudence and willingness to look for alternative funding sources. Despite the economic slowdown resulting in years of cutbacks to education and an incentive to make cuts to arts (and other non-core curriculum), Wiseburn has prided itself on keeping art in the classroom. "We've gone through five tough years, but we've always had the arts," said Johnstone.

From art, the Board moved to a report from Budget and Accounting Director Dave Wilson about Governor Jerry Brown's new budget. Overall, the report had good news for Wiseburn. With the passage of Proposition 30, Brown vowed to increase funding for California's primary and secondary schools and his budget shows he was true to his word. His budget added \$2.7 billion to the State's education fund, bringing it to a total of \$56.2 billion. Wilson believes the additional funding will go towards reducing the State's longstanding practice of deferring payments to school districts to more convenient times, regardless of how inconvenient it is to the school boards (and the teachers who have to be paid). Wilson said that this additional investment in education is not only a financial boon but a moral victory as well, showing that California's voters will accept higher tax rates to protect education. "We see it as proof that California holds education as a priority," said Wilson.

However, the report wasn't all cheerful news. The new budget still results in districts receiving only 78 cents in funding for every dollar allocated to them. The budget also marks the beginning of the Governor's "New School District Funding Formula." Little is known about how this plan will distribute funding for schools, but it is changed from the Governor's original "Weighted Funding Formula" that tied funding to the number of English Language Learners and socio-economically disadvantaged students. Still, Wilson is optimistic about the future of school funding. "We're still quite a ways away, but it's the right direction," said Wilson. "We're making progress."

Martinez shared Wilson's optimism over the update on the new budget. "That's a very positive report," he said. •



Plug in and Go Metro.

Metro Briefs

SOUTH BAY


Metro Installing EV Charge Stations
 Metro is the first transit agency in the nation to introduce electric vehicle (EV) charge stations at rail station parking lots. Five Metro Rail stations will have them: Union Station, Sierra Madre Villa, Universal City, El Segundo, and Willow. Riders with EVs can charge their cars while using the Metro system. More at metro.net/ev.

Get Your ExpressLanes Transponder
 Thousands of motorists are getting through traffic faster by using the new Metro ExpressLanes on the I-110 Harbor Freeway, which will soon be expanded to a 14-mile stretch on the I-10. All you need is a FasTrak® account and transponder; to get yours, visit metro.net/expresslanes.

Lane Closures Ahead For Sepulveda Pass
 Individual lane closures for resurfacing and striping are on the schedule for early this year on the I-405 Freeway in the Sepulveda Pass as part of the freeway improvements project. Check metro.net/405 for the latest information on closures and construction schedules.

Private Sector Considered For Pass Improvements
 Metro is looking to the private sector for future improvements to the Sepulveda Pass Corridor. Being considered are adding another connection between the Valley and Westside with either a rapid bus transit system or a tunnel under the pass; a public-private partnership would accelerate the project.

Metro Runs Weekends 'Til 2am
 All Metro Rail lines, along with the Metro Orange and Silver lines, provide extended service running until approximately 2am on Friday and Saturday nights. Catch the overtime action, stay for the encore or take time for a bite to eat and still count on Metro for your ride home! For exact schedules, check metro.net.



Metro

If you'd like to know more, visit metro.net.

Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

Beware: Employment offers that suggest guaranteed out-of-state or overseas positions may be deceptive or unethical in nature. If you have any doubts about the nature of a company, contact the local office of the Better Business Bureau, (213) 251-9696. Herald Publications does not guarantee that the advertiser's claims are true nor does it take responsibility for those claims.

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2BD/1BA. W/D, garage, no pets, best part of ES. Avail. Jan 18. Open Sun 12-2 pm. 140 Virginia St. #C, \$1650/mo. (310) 600-4762.

EMPLOYMENT
Long Beach premier nail salon looking for a full or part time Nail Specialist. Manicuring license or cosmetology license required. We are a natural nail salon (NO Acrylics) but experience with O.P.I. gel color, Shellac and Minix is a plus but not required. In house training s provided. **MUST** speak English, be well groomed and professional,

and be available to work weekends. Kreme de la Kreme is a fun and relaxing atmosphere and a home away from home to all our employees. If interested please send us an e-mail, please include your resume and cover letter telling us why you would like to join our team. Thank you for your interest and we look forward to meeting you. Kreme de la Kreme Nail Lounge (562)434-4004 delakreme@gmail.com

Display Ad Sales Position.
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HELP WANTED
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ROOM FOR RENT
Nice private room in El Segundo. Walk to beach. \$150/wk, electric included. Bob @ The Grand (310) 322-5203.

Police Briefs

HAWTHORNE POLICE CONDUCTS DUI CHECKPOINT FRIDAY, JAN. 18

The Hawthorne Police Department's Traffic Bureau will be conducting a 'DUI / Driver License Checkpoint' on Friday, January 18 from 8 p.m. to 4 a.m., at an undisclosed location within the City of Hawthorne. The deterrent effect of DUI checkpoints is a proven resource in reducing the number of persons killed and injured in alcohol or drug involved crashes. Research shows that crashes involving alcohol drop by an average of 20 percent when well-publicized checkpoints

are conducted often enough. Officers will be contacting drivers passing through the checkpoint for signs of alcohol and/or drug impairment. Officers will also check drivers for proper licensing and will strive to only delay motorists momentarily. When possible, specially trained officers will be available to evaluate those suspected of drug-impaired driving. Drivers caught driving impaired can expect possible arrest, license suspension, and insurance increases, as well as fines, fees, DUI classes, and other expenses that can exceed \$10,000.

Police Reports

MON 12/31/12 TO SUN 1/6/13 ROBBERY

Robbery 4100 W Imperial Hy Liquor Store
Date/Time Reported Tue 1/1/13 01:46
Crime Occurred: Tue 01/01/13 01:46
Weapon: Handgun
VEHICLE: SUS - CA 1995 OLDS AUR 4D GRY

Robbery 13100 S Hawthorne Bl Street, Highway, Alley
Date/Time Reported Tue 1/1/13 01:49
Crime Occurred: Tue 01/01/13 01:35
Property Taken: Blk iPhone 5, ph #310-650-7398
Weapon: Hands, feet and fists

Robbery 4400 W 118th St House Street, Highway, Alley
Date/Time Reported Wed 1/2/13 18:03
Crime Occurred: Wed 01/02/13 18:03
Property Taken: Purses / Wallets
Property Taken: Gym bag, brown in color, w/ misc clothes inside

Attempt Robbery S Crenshaw Bl/W El Segundo Bl Street, Highway, Alley
Date/Time Reported Thu 1/3/13 22:56
Crime Occurred: Thu 01/03/13 22:56
Property Taken: Cell phone
Weapon: Hands, feet and fists
Arrest

Robbery 4400 W Imperial Hy Street, Highway, Alley
Date/Time Reported Sat 1/5/13 11:19
Crime Occurred: Sat 01/05/13 11:19

BURGLARY

Res Burglary - Residential 2900 W 116th St House
Date/Time Reported Mon 12/31/12 07:27
Crime Occurred: Mon 12/31/12 07:04
Property Taken: Diamond Bracelet, Pearl/ Cubic Zirconia Brooch
Method of Entry: Removed Open

Res Burglary - Residential 11700 S

Cimarron Av House
Date/Time Reported Tue 1/1/13 13:28
Crime Occurred: Sat 12/29/12 15:00 To: Tue 01/01/13 13:28

Property Taken: 15 Macy boxes containing misc jewelry, misc jewelry taken from wooden jewelry box, US currency taken from small gift bag, glass mason jar containing misc us coins
Method of Entry: Broke Glass

Com Attempt Commercial Burglary 4700 W 120th St School
Date/Time Reported Wed 1/2/13 07:44
Crime Occurred: Thu 12/13/12 17:00 To: Wed 01/02/13 07:00
Method of Entry: Smashed

Comm Burglary - Commercial 13600 S Hawthorne Bl Office Supply Store/Warehouse
Date/Time Reported Wed 1/2/13 08:50
Crime Occurred: Fri 12/28/12 17:30 To: Wed 01/02/13 08:45

Property Taken: 15" Dell computer monitor, Samsung 20" computer monitor, 24" Vizio flatscreen w/ wall mount
Method of Entry: Broke Glass POE: Single Swing Door Entry Loc: Front

Burglary W 132nd St/S Cordary Av
Date/Time Reported Sat 1/5/13 09:17
Crime Occurred: CAD: Sat 01/05 09:17-- No R MS Ent

Comm Burglary - Commercial 3900 Marine Av Other
Date/Time Reported Sun 1/6/13 13:12
Crime Occurred: Sun 01/06/13 11:30 To: Sun 01/06/13 13:12

Property Taken: HP gray/black lap top, HP desktop, unknown desktop
Method of Entry: Smashed

Res Attempt Residential Burglary 4300 W 132nd St Apartment/Condo
Date/Time Reported Sun 1/6/13 14:08
Crime Occurred: Sun 01/06/13 14:05
Method of Entry: Smashed Pried

Visit us online: www.heraldpublications.com

Hawthorne Happenings

News for the City of Good Neighbors

From City Clerk Norb Huber HOWSER - THE BEST CALIFORNIA PR MAN AROUND



Today we say goodbye to KCET icon Huell Howser. Howser, who hosted PBS' "California's Gold", died of natural causes at his home on Sunday, January 6. He was known for his folksy, aw-shucks demeanor as he highlighted California's small towns, landmarks and treasures. In case you're wondering, Huell did record a show or two in Hawthorne. He visited "Chips" restaurant and did a show on Northrup's flying. If we get more information of these shows I will let you know.

COLD SNAP

When something snaps it usually breaks and then it's over with. The cold snap that we have been experiencing has lingered a little longer than a snap. It's more like a slow break that keeps on cutting. Frost on the lawn and on the car windshield have been common for the past week. I'm such a SoCal guy now that I would have trouble adjusting to the freezing temps of the MidWest or East Coast. By the time you read this, the temps are suppose to be back to normal.

PIZZA SHOW

The Hawthorne Historical Society met at the famous Hawthorne landmark on the Boulevard this past Sunday for their annual dinner meeting with election of officers and board members. Gary, the long time Pizza Show owner was our host and took time away from his waiter duties to share some stories of his eating establishment. In 1994, a female driver decided to drive her black Corvette right into the front of the restaurant at 3:30 a.m. The Show had to shut down for four months while the

entire front of the shop was repaired. Gary indicated that on average, 20 to 30 people come in every week with recollections of the "good times" they had as children or younger folks while making a visit to the Pizza Show. The Show is one of the oldest businesses in Hawthorne. It certainly holds a place in Hawthorne's history.

ROTARY CLUB TO HOST BLOOD DRIVE

The Hawthorne Rotary Club will be hosting a blood drive at the Wiseburn Food Truck Festival this month on January 25 from 5:30 to 8 p.m. at Dana Middle School. Come down, give blood and then feast on all the good food the trucks have to offer.

MUSEUM OPEN

The Hawthorne Museum is open on Tuesdays from 10 a.m. to 2 p.m. and on Saturdays from 10 a.m. to noon. If you have any historical photos or documents you wish to donate, please bring them in for all of Hawthorne to enjoy.

CITY COUNCIL MEETING

The next regularly scheduled Hawthorne City Council meeting is set for Tuesday, January 22 at 6 p.m. Every 2nd and 4th Tuesday of the month is your opportunity to see our city governing body at work. Public comment is open to all residents and non-residents who wish to make remarks regarding matters that pertain to our city. This is your civic right to speak to your officials and let the rest of our residents know how you feel. You are limited to five minutes and must address the entire city council and not just one individual member. I encourage you to come and speak if you have a problem or concern. •

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Sports

Joe's Sports

Inglewood Holds Off Hawthorne

By Joe Snyder

Lately Inglewood High's boys' basketball team has been in a slump, but it managed to barely snap a three-game losing streak by hanging on to top host Hawthorne 72-71 in an Ocean League game last Friday. After losing a key league opener to Santa Monica 58-57 on January 9 at Inglewood, the Sentinels started off well, racing to a 23-14 first quarter lead and led by as many as 13 points. The Cougars, though, pecked away at Inglewood's lead and trailed by just four points at halftime at 41-37.

The fourth quarter saw Hawthorne take a 71-69 lead on a three-point basket from Domonique McClendon, but Randy Onwassor answered with a three-pointer of his own to give Inglewood back the lead. The Cougars' final basket attempt fell short as the Sents held on for the win. McClendon, a junior forward, led Hawthorne (10-6 overall and 1-1 in Ocean play) with a game-high 30 points. Akeem Allen added 14 points and Davion Lee chipped in 10. Onwassor led Inglewood (8-6, 1-1) with 29 points, followed by Brandon Randolph with 19.

On January 9 at Inglewood, the league began with a bang with a showdown between who most observers feel are the top two teams in the Ocean. The Sentinels entered the game ranked 13th in the prestigious CIF-Southern Section Division IAA, while Santa Monica is number one in IA. The Vikings (13-4, 2-0) held on for a 58-57 win.

Down 51-43 after three quarters, Inglewood caught the Vikings, who had a cold shooting fourth period with only seven points, at 57 on a put-back by Nicholas Smiley. Shortly after the Sentinels tied the game, Santa Monica's Jordan Matthews was fouled. He made the first of two free throws to give the Vikings a one-point lead with 10 seconds left. Randolph rebounded the missed second free throw, dribbled down the court and was fouled, giving Inglewood a shot at winning. Randolph, however, missed both free throws, but the Sents were able to receive a loose ball that went out of bounds. Smiley inbounded the ball to Randolph, but his three-point attempt missed as Santa Monica held on.

Randolph led Inglewood with 18 points, followed by Smiley with nine points and seven rebounds. Six-foot-10 center Charles Lockwood contributed nine points, six rebounds and four blocks. Garcia had eight points and 10 rebounds. Matthews led the Vikings with a game-high 20 points.

Hawthorne began the Ocean with a 64-56 loss at Beverly Hills on January 9. The stingy Norman defense helped them build a 53-22 lead after three periods before the Cougars got hot, outscoring them 34-11 in the fourth quarter. The 31-point hole, though, was way too much to dig out of that day.

Hawthorne visits Culver City in league Friday at 7:30 p.m. The Cougars will then play in the Martin Luther King Challenge

Classic at Redondo High on Monday before hosting Santa Monica next Wednesday at 7:30 p.m. Inglewood hosts Beverly Hills Friday and then visits Morningside next Wednesday in 7:30 p.m. league games.

LEUZINGER BEGINS BAY AT 2-0

Leuzinger High's boys' basketball team is 2-0 in the Bay League after home wins over Palos Verdes and Peninsula last week. On January 9, the Olympians rolled over the Sea Kings 63-37. Last Friday, Leuzinger was able to overcome the Panthers' effective zone defense for a 49-46 victory.

Justin Delgado led Leuzinger (13-4 overall) with 14 points, including three three-pointers, followed by Deonte Welch with 11. Peninsula's Matt McFarland led all scorers with 18 points, including three three-pointers. McFarland also hauled down 10 rebounds.

In a Pioneer Showdown Series game Saturday at Providence High in Burbank, the Olympians edged Oak Park 65-64. Leuzinger was led by Treyvion Anderson with 17 points. Eric Childress put in 16.

LEUZINGER ROUTS HAWTHORNE

In a non-league cross-town rivalry game on January 7 at Hawthorne, Leuzinger was impressive in a 72-51 victory. The Olympians started playing the game without three starters who were benched for missing a practice, but Eric Childress scored nine of his game-high 23 points in the first quarter to help Leuzinger build a 21-17 lead. With those three starters

in, the Olympians pulled away, leading 37-26 at halftime and by 20 points by midway in the third period.

Also aiding Leuzinger was Delgado, who tallied 16 points. Davion Abner totaled 12 points and Anderson added nine. The Cougars were led by Akeem Allen with 12 points. McClendon chipped in 10 points. Davion Lee and Jamal Hackard contributed nine and seven points respectively.

LAWNDALE BEGINS PIONEER 2-0

Lawndale High's boys' basketball team started Pioneer League action at 2-0 by winning the opener at El Segundo 58-54 on January 9 and coming home to down Torrance 57-45 last Friday. Against the Tartars, Will Newman had 18 points, six rebounds and six steals. Chimezu Metu tallied 14 points and eight rebounds. Newman also led the Cardinals with 17 points in their win over the Eagles.

Lawndale will visit South Torrance, last season's CIF-Southern Section Division IIIA runner-up, Friday at 7:30 p.m. before playing in a pair of Martin Luther King, Jr. Showcase games. The Cardinals will face a powerful La Verne Lutheran team, which lost to Serra in last year's Southern Section Division IVAA final, Saturday at 7:30 p.m. at Serra High in Gardena before playing host Redondo in the Redondo Showcase on Monday at 8:30 p.m.

Lawndale resumes the Pioneer at Centennial High in Compton next Wednesday at 7:30 p.m. •

Boys Basketball: Lawndale Out Strong in League

By Kelly Kemp

The Lawndale Boys Basketball team won outright – from start to finish – at El Segundo this past week in their Pioneer League opener, 60-52. Although El Segundo scratched back into the game by the third quarter, it was the dominant run of 21-8 leading off the first that set an almost unbearable pace.

It seemed to me that every player on the Lawndale, now 9-6 (1-0), hit a 3-pointer: D'Lano Beckles, Nathan McAnally, Will Newman, Myron Phillips and Marquinn Walton, with Newman leading all scorers with 17 points. Sergio Blandon, R'Lando Beckles, Chimezie Metu, Myron Phillips and Chris White also scored for the victorious Cardinals.

Photos by Shelley Kemp. For more photos, please visit www.shelleykempphotography.com



Senior Myron Phillips attempts a 3 pointer.



Senior Sergio Blandon lays up for 2 points after a steal and a full court drive to the basket.



Junior D'Lano Beckles puts the ball in for 2 points. Beckles scored a total of 9 points for Lawndale.



Senior Will Newman prepares to shoot. Newman contributed 17 points to Lawndale's win over El Segundo.

PUBLIC NOTICES

NOTICE OF TRUSTEE'S SALE TS No. 12-0060372 Doc ID #000231289822005N Title Order No. 12-0108457 Investor/Insurer No. 265412 APN No. 4079-020-011 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 11/09/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Notice is hereby given that RECONTRUST COMPANY, N.A., as duly appointed trustee pursuant to the Deed of Trust executed by MARIO RECOBA AND GUADALUPE MERCADO, HUSBAND AND WIFE AS JOINT TENANTS, dated 11/09/2006 and recorded 11/22/2006, as Instrument No. 06 2599867, in Book , Page , of Official Records in the office of the County Recorder of Los Angeles County, State of California, will sell on 02/11/2013 at 9:00AM, Doubletree Hotel Los Angeles-Norwalk, 13111 Sycamore Drive, Norwalk, CA 90650, Vineyard Ballroom at public auction, to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by it under said Deed of Trust, in the property situated in said County and State and as more fully described in the above referenced Deed of Trust. The street address and other common designation, if any, of the real property described above is purported to be: 15423 MANSEL AVENUE, LAWDALE, CA, 90260. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold plus reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$565,662.03. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, in an "AS IS" condition, but without covenant or warranty, express or implied, regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust, advances thereunder, with interest as provided, and the unpaid principal of the Note secured by said Deed of Trust with interest thereon as provided in said Note, plus fees, charges and

expenses of the Trustee and of the trusts created by said Deed of Trust. If required by the provisions of section 2923.5 of the California Civil Code, the declaration from the mortgagee, beneficiary or authorized agent is attached to the Notice of Trustee's Sale duly recorded with the appropriate County Recorder's Office. **NOTICE TO POTENTIAL BIDDERS** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on a property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 1-800-281-8219 or visit this Internet Web site www.recontrustco.com, using the file number assigned to this case TS No. 12-0060372. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. RECONTRUST COMPANY, N.A. 1800 Tapo Canyon Rd., CA6-914-01-94 SIMI VALLEY, CA 93063 Phone: (800) 281 8219, Sale Information (626) 927-4399 By: Trustee's Sale Officer RECONTRUST COMPANY, N.A. is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose.A-4349406 01/17/2013, 01/24/2013, 01/31/2013 Lawndale Tribune:1/17, 1/24, 1/31/2013. **HL-23660**

Fictitious Business Name Statement 2012247796
The following person(s) is (are) doing business as PEPE'S AUTO REPAIR, 13021 S. PRAIRIE AVE. HAWTHORNE, CA 90250. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed N/A. Signed: Jose Villicana, Owner. This statement was filed with the County Recorder of Los Angeles County on December 13, 2012. **NOTICE:** This Fictitious Name Statement expires on December 13, 2017. A new Fictitious Business Name Statement must be filed prior to December 13, 2017. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Hawthorne Press Tribune: December 27, 2012 and January 03, 10, 17, 2012. **HH-843.**

Fictitious Business Name Statement 2012257164
The following person(s) is (are) doing business as EQUATOR BUSINESS SOLUTIONS, 6060 CENTER DRIVE, SUITE 500, LOS ANGELES, CA 90045. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name listed November 01, 2012. Signed: Equator, LLC, Chief Operating Officer. This statement was filed with the County Recorder of Los Angeles County on December 28, 2012. **NOTICE:** This Fictitious Name Statement expires on December 28, 2017. A new Fictitious Business Name Statement must be filed prior to December 28, 2017. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Lawndale News: January 10, 17, 24, 31, 2012. **HL-847.**

Fictitious Business Name Statement 2013007084
The following person(s) is (are) doing business as BLITZ, 1. 12617 S. CRENSHAW BLVD. HAWTHORNE, CA 90250. 2. 4666 W. 133RD ST., HAWTHORNE, CA 90250. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name listed N/A. Signed: LLCOLDRE Inc. This statement was filed with the County Recorder of Los Angeles County on January 10, 2013. **NOTICE:** This Fictitious Name Statement expires on January 10 2018. A new Fictitious Business Name Statement must be filed prior to January 10, 2018. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Hawthorne Press Tribune: January 17, 24, 31, 2013 and February 07, 2013. **HH-854.**

Fictitious Business Name Statement 2012253054
The following person(s) is (are) doing business as MORGAN GLOBAL INITIATIVES, 2013 THOREAU STREET, LOS ANGELES, CA 90047. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed. Signed: William Peter Morgan, President and CEO. This statement was filed with the County Recorder of Los Angeles County on December 21, 2012. **NOTICE:** This Fictitious Name Statement expires on December 21, 2017. A new Fictitious Business Name Statement must be filed prior to December 21, 2017. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Inglewood News: January 03, 10, 17, 24, 2013. **HI-844.**

Fictitious Business Name Statement 2012250135
The following person(s) is (are) doing business as INJECTABILITY CLINIC, 1327 POST AVE., SUITE C, TORRANCE, CA 90501. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name listed N/A. Signed: Injectability Institute, a Medical Corp, President. This statement was filed with the County Recorder of Los Angeles County on December 18, 2012. **NOTICE:** This Fictitious Name Statement expires on December 18, 2017. A new Fictitious Business Name Statement must be filed prior to December 18, 2017. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Lawndale News: January 10, 17, 24, 31, 2012. **HL-848.**

Fictitious Business Name Statement 2013005230
The following person(s) is (are) doing business as 1 ST CHOICE SUPERVISED CHILD VISITATION MONITORING, 5105 7TH AVENUE, LOS ANGELES, CA 90043-4842. This business is being conducted by a General Partnership. The registrant commenced to transact business under the fictitious business name listed N/A. Signed: Candy King, Partner. This statement was filed with the County Recorder of Los Angeles County on January 09, 2013. **NOTICE:** This Fictitious Name Statement expires on January 09, 2018. A new Fictitious Business Name Statement must be filed prior to January 09, 2018. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Inglewood News: January 17, 24, 31, 2013 and February 07, 2013. **HI-855.**


Fictitious Business Name Statement 2012253062
The following person(s) is (are) doing business as PRAYER ACADEMY, 6819 WEST BLVD., INGLEWOOD, CA 90302. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed. Signed: Sarah Morgan, President. This statement was filed with the County Recorder of Los Angeles County on December 21, 2012. **NOTICE:** This Fictitious Name Statement expires on December 21, 2017. A new Fictitious Business Name Statement must be filed prior to December 21, 2017. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Inglewood News: January 03, 10, 17, 24, 2013. **HI-845.**

Fictitious Business Name Statement 2013003035
The following person(s) is (are) doing business as SUPREME CAR WASH, 8913 S. SAN PEDRO ST., LOS ANGELES, CA 90003. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed January 07, 2013. Signed: Seidy G. May, Owner. This statement was filed with the County Recorder of Los Angeles County on January 07, 2013. **NOTICE:** This Fictitious Name Statement expires on January 07, 2018. A new Fictitious Business Name Statement must be filed prior to January 07, 2018. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Inglewood News: January 10, 17, 24, 31, 2013. **HI-849.**

Fictitious Business Name Statement 2012244512
The following person(s) is (are) doing business as HOW I WONDER SHOP, 3305 GREEN LN. APT. B, REDONDO BCH, CA 90278. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed N/A. Signed: Amy Pollock, Owner. This statement was filed with the County Recorder of Los Angeles County on December 10, 2012. **NOTICE:** This Fictitious Name Statement expires on December 10, 2017. A new Fictitious Business Name Statement must be filed prior to December 10, 2017. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Lawndale Tribune: January 03, 10, 17, 24, 2013. **HI-846.**

2013003032 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME Current File #2011033663
The following person has abandoned the use of the fictitious business name: SUPREME CAR WASH, 8913 S. SAN PEDRO ST., LOS ANGELES, CA 90003. The fictitious business name referred to above was filed in the County of Los Angeles ON MAY 19, 2011. Registrants: ROBERTO C. MAY, 10900 ACACIA AVE., INGLEWOOD, CA 90304. This business was conducted by an INDIVIDUAL. Signed: ROBERTO C. MAY, OWNER. This statement was filed with the County Clerk of Los Angeles County on JANURARY 07, 2013. **INGLEWOOD NEWS: 1/10, 1/17, 1/24, 1/31/13 HI-850**




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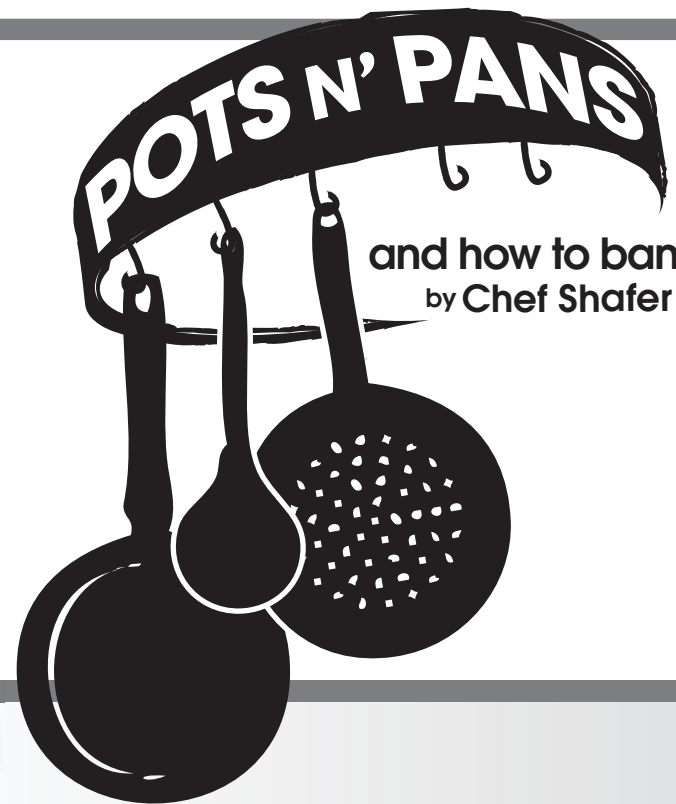
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13 Cooking Tips for 2013, #6 thru #8 (tips 1-5 published January 10)

- When cooking pasta, always cook till 80 percent done, then cool with running water. Finish the cooking process in the pan with the sauce of choice. This way your pasta is still al dente and the sauce has coated the pasta thoroughly
- Try to always use fresh herbs. Grow fresh herbs in pots on your deck or patio. They are cheap to buy at a home depot type store and when you grow them in pots they won't over run the rest of your garden. Also, changing them is easier.
- When grilling fish, make sure your grill is clean and pre heated. Coat the fish with some oil and seasoning then place it on the hot grill. The preheating of the grill and the small amount of oil will assist you in being able to turn the fish over without it sticking too much. It's the New Year and we need to start eating better, or at least try to. So here is a great way to have a seafood dish that has no oil, butter, or cream, but still has lots of flavor.

The Chef



and how to bang them
by Chef Shafer



Live, Love, Laugh, Eat
Chef Shafer, Owner/Chef of Depot, Buffalo Fire Dept.,
and the Downtown Torrance Market Place.

**Poached Seafood and
Ginger Vegetables**

For two:

- 2 4 ounce salmon filets
- 6 each large shrimp peeled and deveined
- 2 each large scallops
- 1 crown of broccoli cut into buds and the stem sliced thinly
- 4 mushrooms sliced
- 3 green onions cut in 1 inch pieces.
- 1 bulb of Bok Choy
- 1/2 teaspoon pickled ginger
- 1/4 cup light or low sodium soy sauce
- 1 cup chicken broth or vegetable broth

Place the broth, soy, and ginger in a low pot or casserole dish that you can cover. Cover and bring to a slow rolling boil. Arrange the vegetables and fish in the boiling broth mixture and recover for 3 to 5 minutes or till the fish is cooked. Remove cover and serve. •

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